



# RECREATION AND PARKS

COMMUNITY SERVICES DEPARTMENT



Registration begins  
Thursday, March 24 at 7pm  
[www.natickma.gov/recreation](http://www.natickma.gov/recreation)

*Welcome Friends and Residents-*

*What a difference a year makes. Last year when we were planning our summer there were piles of snow outside our window. This year on February 1, 2016, there are kids playing on the swing sets outside. We have lined up some great opportunities for the summer of 2016. Throughout this guide you will find something for everyone. Camp Woodtrail, Camp Arrowhead and Sargent Center will be back strong for another summer. We hope you visit us at Memorial Beach, Sassamon Trace Golf Course, the Cole Center, the Community Center and our wonderful Community Organic Farm. Check out our website to find a park nearby or hop on one of the many trails Natick offers. In Natick there is truly something for everyone.*

*- Jon Marshall, Director of Recreation and Parks,  
Community Services Department*

## **SUMMER REGISTRATION INFORMATION**

### **1. SUMMER ONLINE (OL)**

Registration begins Thursday, March 24 at 7pm.  
Register at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### **2. SPORTS CLINICS (SC)**

Registration will be done by lottery with the deadline being Thursday, March 24, 5pm at the Cole Center. Registration forms are available on our website, see below. A current physical along with a complete listing of immunizations must accompany the registration form and payment. Once the lottery is completed we will continue to accept registrations as long as space is available. [www.natickma.gov/recreation](http://www.natickma.gov/recreation).

### **3. DAYCAMPS (DC)**

Woodtrail and Arrowhead – registration is currently ongoing and will be open as long as space is available. For a detailed description of either camp and a registration packet go to: [www.natickma.gov/recreation](http://www.natickma.gov/recreation).

### **4. FARM PROGRAMS (FP)**

Registration is currently ongoing and will be as long as space is available. For a detailed description of any Farm program register online at [www.natickfarm.org](http://www.natickfarm.org).

### **5. SASSAMON TRACE GOLF CLUB (GC)**

Registration is currently ongoing and must be done at the golf course. For more information please go to the website, [www.sassamontrace.com](http://www.sassamontrace.com) or call them at (508) 655-1330.

## **RECREATION AND PARKS DEPARTMENT**

179 Boden Lane  
Natick, MA 01760

Phone (508) 647-6530  
FAX (508) 647-6535  
Cancellations (508) 647-6530 (after 5pm)  
Website [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### **BUSINESS HOURS**

Monday-Friday  
8am-5pm

### **SUMMER HOURS**

Monday-Thursday  
7:30am-4:30pm  
Friday  
7:30-3:30pm

### **ADMINISTRATIVE STAFF**

Jon Marshall, Director  
Dan Keefe, III, Assistant Director  
Aaron Friedman, Program Director  
Melissa Carter, Special Needs Coordinator  
Linda Pinault, Administrative Assistant  
Mary Lou Coffey, Bookkeeper  
Robin MacBlane, Receptionist  
Lisa Maple, Receptionist

We may cancel or postpone a program with low enrollment. Decisions are usually made one week prior to program start date. Recreation and Parks Division reserves the rights to cancel, alter, or change any classes if circumstances warrant.

Financial aid is available. Please contact the Natick Service Council located at 2 Webster Street, or call (508) 655-1791.

*Every program and activity in the Recreation and Parks Department is open to all, regardless of race, religion, color, sex, marital status, national origin or persons with disabilities.*



# Recreation and Parks

## Pre-K



### SUNSHINE CENTER (Ages 3-Pre-K) (OL)

**Location:** Cole Center

Sunshine Center provides a comfortable and relaxed environment for your child to develop social skills with other children. Activities include arts & crafts, music, movement, picnics, cooking and out- door activities. Bring a snack. Juice or water provided.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12pm	Jul 5-15	\$150
2	Mon-Fri	9am-12pm	Jul 18-29	\$165
3	Mon-Fri	9am-12pm	Aug 1-12	\$165

Session 1 is 9 days, no class on Mon Jul 4

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### SPORTS SQUIRTS (Ages 3 & 4) (OL)

**Instructor:** U.S. Sports Institute Staff

**Location:** Cole Center

This program is geared to our younger sports 'stars.' Sports Squirts is a great way to introduce young children to a variety of sports such as soccer, T-ball, basketball and floor hockey all while having fun and evoking the child's imagination. All activities are age appropriate and promote hand-eye coordination, movement and balance.

S#	Day	Times	Dates	Price
1	Mon-Fri	1:30-2:30pm	Jul 11-15	\$79

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### SOCCER SQUIRTS (Ages 5 & 6) (OL)

**Instructor:** U.S. Sports Institute Staff

**Location:** Cole Center

Soccer Squirts provides an introduction to the beautiful game of soccer. It is a fun filled program, comprising of enjoyable and imaginative games and scrimmages. Soccer Squirts is designed to develop motor skills, balance and coordination through a range of games that stress short passing, dribbling, turning and of course shooting.

S#	Day	Times	Dates	Price
1	Mon-Fri	2:30-3:30pm	Jul 11-15	\$79

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### THUNDERCATS KIDDIE CAT JAM (Ages 4-6) (SC)

**Instructor:** Thundercats Staff

**Location:** Cole Center

Basic skills of soccer will be emphasized every day. Many other sports such as: T-Ball, Basketball, Softie Hockey, Balloonball and Kickball will be played throughout the week. A wide mix of games, as well as different theme days, will round out an exciting, noncompetitive, positive experience.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12pm	Aug 8-12	\$138

Lottery registration, forms due March 24 by 5pm

### SKYHAWKS QUICK START TENNIS (Ages 4-6) (SC)

**Instructor:** Skyhawks Staff

**Location:** East School Tennis Courts, 90 Oak Street

A new format to help children under the age of seven learn and to play tennis. The court is smaller, nets are shorter, racquets are smaller and the balls are foam. This is a fast and fun way to get kids into tennis and keep them playing. Rules of etiquette will be taught and all participants will receive a t-shirt. Fridays will be used as rain dates.

\*All sessions: 4 days.

S#	Day	Times	Dates	Price
1	Mon-Thu	9-10:30am	Jun 27-30*	\$64
2	Mon-Thu	9-10:30am	Jul 18-21*	\$64
3	Mon-Thu	9-10:30am	Aug 8-11*	\$64

Lottery registration, forms due March 24 by 5pm

### SKYHAWKS MINI HAWKS (Ages 4-6) (SC)

**Instructor:** Skyhawks Staff

**Location:** Cole Center Fields

The Mini Hawk Program promotes fun while learning soccer, baseball and basketball. Basic sports skills will be taught as well as team strategies in a noncompetitive environment.

S#	Day	Times	Dates	Price
1	Mon-Fri	8:30-11:30am	Aug 1-5	\$134

Lottery registration, forms due March 24 by 5pm

### GPS SOCCER (Ages 3-6) (SC)

**Instructor:** Global Premier Soccer (GPS) Coaches

**Location:** Cole Center Field

This program can provide an introduction to the wonderful game of soccer or it could be a great opportunity to hone some of your skills before the fall season. GPS will provide a wide range of programming suitable to all levels of playing ability during this session. Players will learn/develop new skills, further develop existing moves and have fun. GPS has highly qualified international coaches from the UK and Ireland plus other countries and they provide cutting edge curriculums and coaching methods. (4 days)

S#	Day	Times	Dates	Price
1	Mon-Thu	9-11am	Aug 22-25	\$110

Lottery registration, forms due March 24 by 5pm



# Youth

## SARGENT CENTER (Entering Grades 1-5, Fall 2016) (OL)

**NEW Location:** Ben-Hem Elementary School • 22 E Evergreen Rd. Children entering Grades 1-5 in the fall of 2016 are eligible. Activities include arts & crafts, games, sports, free play and much more. There will be an excellent staff to help coordinate special activities for your child.

**PLEASE NOTE:** Each child must bring a lunch that does not need to be refrigerated. \*4 days.

S#	Day	Times	Dates	Price
1	Tue-Fri	8:30am-3:30pm	Jul 5-8*	\$122
2	Mon-Fri	8:30am-3:30pm	Jul 11-15	\$150
3	Mon-Fri	8:30am-3:30pm	Jul 18-22	\$150
4	Mon-Fri	8:30am-3:30pm	Jul 25-29	\$150
5	Mon-Fri	8:30am-3:30pm	Aug 1-5	\$150
6	Mon-Fri	8:30am-3:30pm	Aug 8-12	\$150

**NEW • Longer Hours**

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

## COLE SUMMER BRIDGE WEEK (Entering Grades 1-5, Fall 2016)(OL)

**Location:** Cole Center, 179 Boden Lane

We're bringing all the best parts of "Vacation Week" and Sargent Center in a compact one-week bridge program at the Cole Center. Children entering Grades 1 - 5 in the fall of 2016 are eligible. Activities include arts & crafts, games, & sports. PLEASE NOTE: Each child must bring a lunch that does not need to be refrigerated.

S#	Day	Times	Dates	Price
1	Mon-Fri	8:30am-3:30pm	Aug 15-19	\$150

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

## FUNUTATION SUMMER TECH • AGES 8-11 (OL)

**Location:** Cole Center

**Instructor:** Funutation Tech Camps Inc.

**AM:** MINECRAFT® - Download and install mods and maps into your gaming masterpiece. Test the strength of your mods with Funutation. Tekkies work solo as they investigate different ways to play Minecraft®. Bring your own computer to save your progress.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12pm	Aug 22-26	\$195

**PM:** Discover the secrets behind stop-motion animation by using Windows Live Movie Maker. Kids create their own story with toys and clay while adding special effects and audio. Kids acquire tech skills using our trademarked Funutation TEAMS® hands-on, inquiry-based model. Tekkies work in teams of four as they investigate and discuss tech principles.

2	Mon-Fri	12-3pm	Aug 22-26	\$195
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Register for both AM and PM for \$5 discount. Discount for bringing your own laptop with internet access: \$10. Minecraft account required for AM program. If needed, you can purchase one from [minecraft.net](http://minecraft.net).

## SKYHAWKS TENNIS (Ages 7-12) (SC)

**Instructor:** Skyhawks Staff

**Location:** East School Tennis Courts, 90 Oak Street

Beginners will be taught proper techniques of grip, footwork, serves, groundstrokes, volleys and overheads through fun games and drills. The rules and etiquette of tennis will be covered. Fridays will be used as rain dates. \*4 days.

S#	Day	Times	Dates	Price
1	Mon-Thu	9am-12pm	Jun 27-30*	\$134
2	Mon-Thu	9am-12pm	Jul 18-21*	\$134
3	Mon-Thu	9am-12pm	Aug 8-11*	\$134

Lottery registration, forms due March 24 by 5pm

## ARCHERY (4th Grade & Up) (OL)

**Instructor:** On the Mark Archery

**Location:** Community Senior Center Fields (rain site is TBA)

Try out the Olympic sport of recurve archery this summer. You will feel the thrill of success when your patience and concentration pays off. Enjoy this introductory course where you will be taught the fundamentals that lead to success. Your skills will be honed and tested through drills, archery games and daily tournaments. Safety, range rules and procedures, shooting technique and scoring will all be covered. All equipment is provided. All instructors are USA Archery certified and NFAA certified.

S#	Day	Times	Dates	Price
1	Mon-Fri	5:30-6:30pm	Aug 1-5	\$120

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

## MINI MUSICAL THEATER (Ages 5-10) (OL)

**Instructor:** Cindy Wright, NDW Director

**Location:** Cole Center

This program is a wonderful introduction to the world of musical theater. Children will sing, dance and act to bring a familiar story to life. Classes will be spent learning songs, dances and dialogue. Children will work toward an informal performance at the end of the last class. Age appropriate roles will be assigned. Please have your child dress comfortably each day with lightweight shoes and bring a light lunch and a water bottle to each class. \*4 Days.

S#	Day	Times	Dates	Price
1	Tue-Fri	10am-1:30pm	Jun 28-Jul 1*	\$110
2	Mon-Thu	10am-1:30pm	Jul 11-14*	\$110
3	Mon-Thu	10am-1:30pm	Aug 8-11*	\$110

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

## BRICKS 4 KIDZ (Ages 6-12) (OL)

**Instructor:** Bricks 4 Kidz Staff

**Location:** Cole Center

### Plastic Bricks Jr. Robots-Morning

Each day we'll use Lego bricks to build models and bring them to life with computer programming. Your child will use WeDo, the drag and drop, icon-based software, as an introduction to computer programming and robotics. Please bring a nut-free snack and a beverage.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12pm	Jul 18-22	\$230

### Plastic Bricks Space Wars-Afternoon

Using Lego bricks and our NASA and Star Wars model plans, your imagination will blast off. Children will learn about real-life space exploration, play games and build Star Wars take-home crafts. Please bring a nut-free snack and a beverage.

S#	Day	Times	Dates	Price
2	Mon-Fri	1-4pm	Jul 18-22	\$230
3	Mon-Fri	9am-4pm	Jul 18-22	\$460

OPTION: Join Bricks 4 Kidz staff for an all day affair (S# 3), sign up for both AM and PM sessions (\$460 for both) and stay for a supervised lunch period. Please bring a lunch that does not need to be refrigerated, your own snacks and a water bottle. Lunch will be from 12-1pm and will include some outdoor play weather permitting.

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)



**SARAH BEHN BASKETBALL • GIRLS (Ages 7-12) (SC)****Instructor:** Sarah Behn Basketball Coaches**Location:** Wilson Middle School, 22 Rutledge Road

The girls will gain confidence while the Coaches teach the fundamentals of basketball, which in turn will raise their individual level of play and make the game more fun to play! \*4 days.

S#	Day	Times	Dates	Price
1	Mon-Thu	9am-12pm	Jul 5-8*	\$130

Lottery registration, forms due March 24 by 5pm

**SKYHAWKS S.N.A.G. GOLF (Ages 5-9) (SC)****Instructor:** Skyhawks Staff**Location:** Community Senior Center Field

S.N.A.G. (Starting New At Golf) Golf focuses on building the confidence of young athletes by teaching proper technique to refine the essential skills of the game of golf. A lifelong game, this program focuses on the fundamentals of form, swinging, putting and body positioning. S.N.A.G. uses oversized plastic club heads and 'mini tennis balls' to build confidence. This program is specifically designed for the entry-level player; instruction is easy so that players can make an effective transition onto the golf course. Participants all receive a t-shirt. All equipment is provided.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12pm	Jul 11-15	\$134

Lottery registration, forms due March 24 by 5pm

**SKYHAWKS BEACH VOLLEYBALL (Ages 7-14) (SC)****Instructor:** Skyhawks Staff**Location:** J. J. Lane Park, Speen Street (next to the National Guard)

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. Program is designed for the beginner to advanced beginner. Fundamentals will be developed through games and speed drills aimed at developing the whole player. Friday will be used as rain date.

S#	Day	Times	Dates	Price
1	Mon-Thu	9am-12pm	Jul 11-14	\$139

Lottery registration, forms due March 24 by 5pm

**THUNDERCATS COMBO (Ages 7-10) (SC)****Instructor:** Thundercats Staff

This coed combo program gives young athletes a fun learning experience in two sports. PRIMARY SPORT will consist of focused skill building activities and the SECONDARY SPORT will have more of a recreational experience. Program finishes with a tournament day. \*4 days

**FLAG FOOTBALL AND DODGEBALL****Location:** Cole Center

S#	Day	Times	Dates	Price
1	Tue-Fri	9am-3pm	Jun 28-Jul 1*	\$145

Lottery registration, forms due March 24 by 5pm

**FLOOR HOCKEY AND DODGEBALL****Location:** Johnson Street Hockey Rink

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-3pm	Aug 15-19	\$180

Lottery registration, forms due March 24 by 5pm

**SKYHAWKS BASKETBALL (Ages 7-11) (SC)****Instructor:** Skyhawks Staff**Location:** Wilson Middle School, 22 Rutledge Road

Enjoy a week of basic FUNdamentals covering passing, shooting, dribbling and defense through drills, half court and full court work. Program is coed. \*Full day

S#	Day	Times	Dates	Price
1	Mon-Fri	8:30am-2:30pm	Aug 1-5*	\$164

Lottery registration, forms due March 24 by 5pm

**FIRST PLAY SOCCER (Ages 7-10) (SC)****Instructor:** U.S. Sports Institute Staff**Location:** Wilson Middle School, 22 Rutledge Road

Experience the excitement of the world's most popular sport at US Sports Institute's First Play Soccer Clinic. Children will thrive in the exciting and enjoyable atmosphere generated by our qualified, international coaches. Participants will engage in a variety of fun games and challenges designed to enhance basic soccer skills - dribbling, passing, shooting and field awareness. Each day culminates in our World Cup tournament, where players have the chance to put their skills to the test in small sided and regular soccer scrimmages. The sole focus is on developing a basic understanding of the game and experiencing the excitement of soccer through the freedom of play.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-12:30pm	Jul 11-15	\$150

Lottery registration, forms due March 24 by 5pm

**GPS SOCCER "TTP" (Ages 7-12) (SC)****Instructor:** Global Premier Soccer (GPS) Coaches**Location:** Cole Center Field

This Technical Training Program (TTP) can provide an introduction to the wonderful game of soccer or it could be a great opportunity to hone some of your skills before the fall season. GPS TTP will provide a wide range of programming suitable to all levels of playing ability during this session. Players will learn/develop new skills, further develop existing moves and have fun. GPS has highly qualified international coaches from the UK and Ireland plus other countries and they provide cutting edge curriculums and coaching methods. We have half day and full day options, see below. \*4 days.

S#	Day	Times	Dates	Price
1	Mon-Thu	9am-1pm	Aug 22-25*	\$150
2	Mon-Thu	9am-3pm	Aug 22-25*	\$205

**Adults****ARCHERY (Ages 15 & Up) (OL)****Instructor:** On the Mark Archery**Location:** Community Senior Center Fields (rain site is TBA)

Archery is a universal sport that is all-inclusive and requires no prior athletic ability or skill to succeed in. This introductory will emphasize the fundamentals that lead to success. Safety, range rules and procedures, shooting technique and scoring will all be covered. All equipment is provided. All instructors are USA Archery certified and NFAA certified.

S#	Day	Times	Dates	Price
1	Mon-Fri	6:30-7:30pm	Aug 1-5	\$120

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)



## Adventures and Events

### ADVENTURE WEEKS (GRADES 6-8) (OL)

Join our Recreation staff for some fun this summer as we take a different adventure each week. Participants will enjoy a true summer vacation with theme parks, local attractions and new adventures. Participants should be able to complete rigorous activities. Each week participants will be challenged to the best of their ability. They will be completing tasks, working with peers, and learning new skills. Participants should bring sneakers with a good sole, a lunch that does not need to be refrigerated, snack, water bottle and a backpack. Waivers will be required to be signed for various activities by a parent or guardian. These forms will be made available at the beginning of each week. Participants will not be able to attend if this form is not filled out.

#### Week 1-Theme Parks

We will kick the week off at a local beach and then spend the rest of the week going to different theme parks. We will be going to Six Flags, Canobie a Water Park and more!

#### Week 2-Paint Ball and More

This week will be spent going to the beach, playing lazer tag, indoor rock walls, and a day at 'Paint Ball.' Participants will learn about safety associated with various physical activities. The week will end with a trip to a local 'Paint Ball' facility where they will play timed games, capture the flag and much more.

#### Week 3-Zip Line, Water and Woods

This week revolves around Water, and Woods. We will start the week with beach day, hiking canoeing and a trip to Water Country and finish with a zip line trip to Zoar.

S#	Day	Times	Dates	Price
1	Mon-Thu	9:30am-3:30pm (M) 9:30am-5pm (T/W) 10am-7pm (Th)	Jun 27-30	\$285
2	Mon-Thu	9am-4pm	Aug 15-18	\$285
3	Mon-Thu	9:30am-3:30pm (M-W) 7:30am-7pm (Th)	Aug 22-25	\$285

**Adventure Weeks:** Trips and schedule is subject to change based on weather and availability of attractions.

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)



## SUMMER PERFORMING ARTS ON THE COMMON

This series is FREE to the public and we rely solely on sponsorships and donations from the Community. If you are interested in sponsoring an event, please call The NR&PD Office at (508) 647-6530.

### CONCERTS ON THE COMMON

#### MONDAY EVENING CONCERTS • 7pm

June 27, Jul 11, 18, 25

August 1, 8, 15

#### FAMILY PERFORMING ART SERIES • 6:30pm

Wednesday Evenings

July 6, 13, 20, 27, August 3, 10

## JULY 4TH CELEBRATION WEEK IN NATICK

#### MINI TRIATHLON AT MEMORIAL BEACH

Sunday, June 26 • 9:30am start

#### CONCERT ON THE COMMON

Monday, June 27 • 7-9pm

#### FAMILY NIGHT ACTIVITIES ON THE COMMON

Wednesday, June 29 • 4:30-8pm (No Rain Date)

(Sponsored by Mutual One Bank)

#### NATICK'S VOICE ON THE COMMON

Thursday, June 30 • 6:30-9pm

(Sponsored by Mutual One Bank)

#### KIWANIS PANCAKE BREAKFAST

Monday, July 4 • 7am-12pm

#### PARADE • DOWNTOWN

Monday, July 4 • starting at 9am

For more information go to [www.natick4th.org](http://www.natick4th.org)



# Community Services

## Natick Community Organic Farm

### Summer at the Farm (Ages Pre-K to 14)

Spend your summer learning and growing at the Farm! Our four and five day morning or afternoon sessions offer a gamut of hands on, age-appropriate farm work and outdoor adventure!

Sign up is by the week, Jun 20-Aug 25 and by age:

- Forest Explorers (Ages 3-5)
- Budding Farmers (Ages 4-5)
- Young Farmers (Ages 6-7)
- Growing Farmers: (Ages 8-9)
- Junior Working Farmers (Ages 10-11)
- Working Farmers (Ages 12-14)

Please see Summer Programs page of [www.natickfarm.org](http://www.natickfarm.org) for complete details, pricing, and availability.

### NCOF Membership

Current NCOF Members receive member pricing to all summer programs, as well as:

- Discounted admission to all events
- Priority ordering for organically raised Thanksgiving turkeys
- Priority summer registration (applies to Crofter & above)
- 20% discount on organic seedlings (applies to Farmer & above)
- Facility rental privileges
- CSA participation privileges
- Monthly e-mail newsletter

### Join Online at a level that works for your family!

- \$50 - Farmer (*Individual*)
- \$100 - Crofter (*Family of 2-4*)
- \$150 - Friend of the Land (*Family of 4+*)
- \$500 - Community Partner
- \$1000 - Community Supporter





# Recreation and Parks

## Summer Camps



### **CAMP WOODTRAIL** Entering grades 1-8 (DC)

**Location:** Kennedy Middle School

**Still Some Openings—Register Today!**

Woodtrail is for children entering Grades 1-8 in the fall of 2016. There are three activity packed sessions at Camp Woodtrail. Each session is for two weeks and has a variety of options to meet parents/guardians demanding schedules. Camp will take place at Kennedy Middle School this summer. There are options for early care and after care as well. All campers are assigned to small peer groups according to their grade level. At the beginning of each session a newsletter will go home outlining the activities for each session.

S#	Day	Times	Dates	Price
1	Mon-Fri	8:30am-3pm	Jul 5-15*	\$370
2	Mon-Fri	8:30am-3pm	Jul 18-29	\$410
3	Mon-Fri	8:30am-3pm	Aug 1-12	\$410

\*9 days, no camp Monday, July 4

**NOTE:** Camp fees include one age appropriate field trip per session. Field trips include entrance fees, transportation and staff. Additional field trips may become available through the summer and some may have an additional charge to attend. To register please complete a Woodtrail registration form available at [www.natickma.gov/recreation](http://www.natickma.gov/recreation) or pick one up at the Cole Center. Campers will need an up-to-date physical, as well as an up-to-date immunization record. Please see the form for more information.

### **VOLUNTEERS**

Anyone entering grade 9 and up interested in volunteering, (a minimum of a 2-week commitment is required) should download a generic volunteer application from [www.natickma.org/recreation](http://www.natickma.org/recreation).

Separate volunteer applications for Woodtrail and Arrowhead camps available beginning March 18.

If you are planning to earn Community Service Credits for graduation, see your Guidance Counselor for the forms and the process you should follow.

### **CAMP ARROWHEAD** Ages 5 and up (DC)

**Location:** 1055 Worcester Road Natick MA

Camp Arrowhead is for individuals with disabilities. Camp is located at the Amputee Veteran's site, 1055 Worcester Road in Natick. The days consist of recreational swimming, arts and crafts, creative dramatics, yoga, adaptive sports, life skills and nature classes. Each day at camp is a new experience, whether it's a new theme, a special guest, Thanksgiving dinner for lunch or a field trip. There is always something to look forward to.

There are twelve staff members, including a nurse who is onsite at all times that accompany the campers. All staff are certified in both CPR and First Aid. In addition to the staff we have high school-aged volunteer aides that provide 1:1 assistance for each individual camper and function as a companion for the week; helping the individual through their different activities or just being there as a friend. Natick residents are guaranteed enrollment if you register in person by Wednesday March 30 (with complete registration). Transportation is available for Natick residents.

For more information or a brochure, go to [www.camparrowheadnatick.com](http://www.camparrowheadnatick.com)



*"Camp isn't a place you visit, it's a place that becomes part of you." ~ unknown*



# Recreation and Parks

## Skyline Adaptive Program



### SKYLINE SUMMER INTERNSHIP (Teens and Adults) (OL)

#### Location: Natick

Our Special Needs volunteer program is a great transition-program that will help clients get work experience to build their resume. They will work to help different facilities including Camp Arrowhead, Memorial Beach, Lincoln Café, and more. Various skills will be used throughout the week. Each individual is required to be self sufficient and willing to participate in all areas. All new interns will meet with staff prior to the start of this program.

S#	Day	Times	Dates	Price
1	Mon-Fri	9am-3pm	Jun 28-Aug 5	\$20/day

No program Jul 4

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### MYSTIC AQUARIUM (Teens and Adults) (OL)

#### Location: Meet at the Cole Center

Lunch is included in this adventure to go check out the underwater world.

S#	Day	Times	Dates	Price
01	Sun	11:30am-6pm	Jun 26	\$74

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### BOWLING AND DINNER (Teens and Adults) (OL)

#### Location: Meet at the Cole Center

A Skyline favorite is to head to Ryan's Family Amusements and knock down some pins before going out to dinner with the gang.

S#	Day	Times	Dates	Price
06	Fri	6-10:30pm	Jul 8	\$49

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### CANOBIE LAKE PARK (Teens and Adults) (OL)

#### Location: Cole Center

Join us for unlimited rides at New England's favorite amusement park. We will provide round trip transportation, dinner before we head inside the park, and an unlimited ride ticket. Please bring money for any concessions you may want when inside the park.

S#	Day	Times	Dates	Price
03	Sat	3:30-11pm	Jul 16	\$68

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### MINI GOLF (Teens and Adults) (OL)

#### Location: Cole Center

Let's putt our way through the course before going out to dinner.

S#	Day	Times	Dates	Price
04	Fri	6-10:30pm	Jul 22	\$53

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### WHALE WATCH (Teens and Adults) (OL)

#### Location: Cole Center

We are heading out to lunch together then come experience the ocean with us as we head out on a boat to do some whale watching. Bring money for concessions on the boat! As event gets closer please double check on ending time. Note we will not have a wheel chair lift for this trip. Thank you for understanding.

S#	Day	Times	Dates	Price
05	Sat	11am-8pm	Jul 30	\$88

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### LOWELL SPINNERS (Teens and Adults) (OL)

#### Location: Cole Center

The class "A" affiliate of the Boston Red Sox will keep you cheering all night. You will also be entertained by the great mascots. Please bring money for any concessions, recommended at least \$10.

S#	Day	Times	Dates	Price
02	Fri	5:30-11pm	Aug 19	\$45

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### DUCK TOURS (Teens and Adults) (OL)

#### Location: Cole Center

Boston is one of the most well known places in the USA. Let's hear all about it on a DUCK! We will get a tour of Boston on land AND in the water and then we will stop by the Framingham service area on the Mass Pike for dinner on our way home!

S#	Day	Times	Dates	Price
07	Sat	2-7:30pm	Aug 27	\$79

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)

### CHARLES RIVER ROTARY SOFTBALL TEAM (Teens & Adults) (OL)

#### Location: Cole Center Field

Batter Up! Join our team for some great softball action on Tuesday evenings. For 8 weeks we will play other teams from throughout the region. Many thanks to our sponsor - Charles River Rotary Club. Additional \$10 for a new shirt.

S#	Day	Times	Dates	Price
01	Tues	6:30-8pm	Jun 7-Jul 26	\$85
02		Shirt		\$10

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)



# Sassamon Trace Golf Course

**SASSAMONTRACE** offers a wide variety of services and merchandise to serve your golfing needs.

**Kurt McDowell, Golf Course Manager**  
www.Sassamontrace.com

## GOLF INSTRUCTION AT SASSAMON TRACE

PGA Golf Professional Kurt McDowell and staff will be offering adult and youth golf instruction during the spring and summer. Kurt has been teaching for 14 years and has vast experience with different age and skill level golfers.

## ADULT GROUP INSTRUCTION

Classes are held Monday-Thursday evenings beginning the week of May 2. There will be 5 hours of instruction spread over 4 meetings. Classes focus on new and beginning golfers. Golf equipment will be provided if needed.  
Fee: \$120/4-week session.

## JUNIOR GROUP INSTRUCTION

Classes begin the week of June 27. There will be 5 hours of instruction spread over 4 meetings. Emphasis will be placed on sound fundamentals and swing techniques.  
Fee: \$120 per 4-day session - for juniors 10 and older

For ages 6-9 a 30-minute class will be held on the same days from 11:15-11:45. Fee: \$50/4-day session

Class size is limited to 4 students for greater personal attention. **Registration begins March 1** and payment is required at registration.

## ADULT AND JUNIOR GOLF LEAGUES

Sassamon Trace offers the following recreational golf leagues. The leagues begin the first week of May and continue until the last week of August.

- Tuesday Evening Men's League
- Wednesday Evening Men's League
- Wednesday Morning Women's League
- Thursday Evening Women's League

The evening leagues begin at 3pm and the season is divided into two 8-week sessions.

Fee: \$176/8-week session (\$50 for Pass Holders)

Our popular 8-week **Junior Tour** will be held Tuesday mornings beginning June 28. Juniors should have a basic understanding of the rules of golf to play in this league.

Fee: \$130 (\$30 for Pass Holders)

**Registration for all leagues begins March 1.**

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## TOURNAMENTS AND SPECIAL EVENTS

Sassamon Trace offers a variety of public tournaments, programs, clinics and special events. Please visit our website for a calendar of events and registration information or call the golf shop at 508-655-1330.

**www.sassamontrace.com**

*All Sassamon Trace registrations  
must be done at Sassamon Trace Golf Course.  
Forms available at the golf course office.*



*"Golf is so popular simply because  
it is the best game in the world at which to be bad."  
~ A. A. Milne*

# Recreation and Parks

## Memorial Beach

### GENERAL BEACH INFORMATION

Dates		Times
June 11, 12	Weekend	11am-7pm
June 13-24	Weekdays	3-7pm
June 25-Aug 14	Weekdays	10:30am-7:30pm
	Weekends	11am-7pm

NPD has new registration software. Due to this change we have a new process for purchasing season beach passes. It will resemble our year-round registration process. If you don't already have a family account, please go on-line and create your account at <https://register.communitypass.net>.

*By setting up your individual or family account ahead of time, it will make the purchasing process, either in our office or at the Beach, easier and much quicker.*

### PASSES REQUIRED FOR EVERYONE ENTERING BEACH (AGE 2-ADULT)

Proof of residence (i.e., license, utility bill or a canceled check) must be presented at time of pass purchase.

### BEACH PASS INFORMATION

Passes must be purchased in person, not by mail. Passes will be available beginning April 26 at the Recreation and Parks Office (Cole Center) • 179 Boden Lane. From June 11 on, Individual/Family passes can be purchased at the beach or in the office. Lost Passes must be repurchased.

### SUMMER 2016 FEES

Adults 18 years & up	\$33/Resident	\$66/Non-Resident
Children 2-17	\$23 Resident	\$46 Non-Resident
Seniors 60 years+	\$16	

Any child who will be 2 years of age before July 1, 2016 must have a pass. To receive free admission for a child under 2 years of age, a parent must show child's birth certificate when purchasing their own pass.

No child(ren) under the age of 10 will be allowed to enter the beach without responsible parental supervision (minimum age 14 years old)

### DAILY RESIDENT GUEST FEES

Child	\$3
Adults	\$5
Senior	\$1

### DAILY NON-RESIDENT GUEST FEES

Child	\$6
Adults	\$10
Sr. Citizen	\$1

### FAMILY PASS PLAN PRICES

Proof of Natick residency and birth certificates and/or legal adoption certificates will be required.

1 Adult & 4 or more children	\$100
2 Adults & 3 or more children	\$110

### SWIM LESSONS (Ages 3 & up)

American Red Cross approved classes' range from Level 1-6. Noncertified preschool classes are also available. Class times start at 10:10 am and are offered throughout the day and are held Mon-Fri, weather permitting. Classes are 20 minutes for preschool and 30 minutes for all others. Classes are subject to change depending on registration and teacher availability.

Based on final day of school, lesson sessions will be as follows:

Session 1:	Jun 27-Jul 8 (2 weeks)	\$35
Session 2:	Jul 11-29 (3 weeks)	\$47
Session 3:	Aug 1-12 (2 weeks)	\$35

(Above schedule is subject to change)

Beach pass is not included in above price.

**Registration** for lessons will take place at the Beach the Saturday before the start of each session on a first come, first serve basis.

Actual class schedule should be available after June 6.

### SWIM TEAM (Ages 6-18)

Beach Passes are required for everyone entering Beach

WHEN: Tue, Jun 21-Aug 13

(Practices are Mon-Fri, no Fri practices after Jul 4)

**Please note:** Each member may have to purchase a team swimsuit for this year.

### PRACTICE TIMES:

3:30-4pm	Ages 8 & under	\$102/\$92
4-4:45pm	Ages 9 & 10	\$102/\$92
4:45-5:45pm	Ages 11 & up	\$102/\$92

(Above schedule is subject to change)

Swim team fee with your own beach pass \$92

Swim team fee with beach pass included in fee \$102

Registration must be done at Cole Center.

### MINI TRIATHLON (Ages 5 to Adult) (OL)

**Location: Memorial Beach, West Street**

A fun individual, or family event, that kicks off the July 4th festivities here in Natick. You can participate as an individual or get a couple of friends or family members and do the mini triathlon as a team. We offer a shorter swim for those of you who may not be able to swim a half-mile. The approximate distances are; 1/2 or 1/4 mile swim, a 2-mile bike and a 1-mile run, the event starts and finishes at the beach.

S#	Day	Times	Dates	Price
1	Sun	9:30am start	Jun 26	\$30/individual \$45/team

Register online at [www.natickma.gov/recreation](http://www.natickma.gov/recreation)



*"It's a good idea to begin at the bottom in everything except in learning to swim."*



## Community Services Department

Natick Recreation and Parks  
179 Boden Lane  
Natick, MA 01760

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# NATICK SUMMER CAMPS AND PROGRAMS

